WORLD CUP CLUBS 1
FRIENDSHIP INTERNATIONAL CUP 2026



YEREVAN, ARMENIA

INTERNATIONAL CLUBS LEAGUE

21-24 MARCH

FRG - FEDERATION RHYTHMIC GYMNASTICS OF ARMENIA

PRESIDENT MRS.
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INVITATION

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1. GOALS AND OBJECTIVES

- promotion of rhythmic gymnastics;
- development of general and special training athletes;
- improvement of sports skills of those engaged in rhythmic gymnastics;
- strengthening of friendly ties;
- exchange of experience;
- accrual of rating points of the ASCHG.

2. DATE AND PLACE

International Rhythmic Gymnastics Tournament.
Stage of the World Cup of Club.
«World Cup Clubs 1» Friendship international cup

Dates: March 21-24, 2026

Address: Armenia, Yerevan city, Manandyan street, 41 house (Shengavit adm. district), sports complex "Mika"

3. ORGANIZER

The overall management of the organization and conduct of the competitions is carried out by the Armenian Rhythmic Gymnastics Federation, headed by President **Natalia Rotenberg-Arzakantsyan.**

The main refereeing board is responsible for the actual conduct of the competition.

Chief Judge of the competition – **Kapranova Olga Sergeevna SSVK/MK (RUS)**
Chief Secretary of the competition – **Pirogova Tatyana Mikhailovna SS1K (RUS)**

4. SCHEDULE

March 20 – Arrival of delegations and accreditation
March 21 – First day of competition
March 22 – Second day of competition
March 23 – Third day of competition
March 24 – Fourth day of competition
March 25 – Departure of teams

WORLD CUP CLUBS 1

INDIVIDUAL PROGRAM	
JUNIOR	4 exercises
SENIOR	4 exercises
GROUP PROGRAM	
JUNIOR	FIG
SENIOR	FIG

FRIENDSHIP INTERNATIONAL CUP

INDIVIDUAL PROGRAM					
Age category	Group A PROF **Division I**	Group A **Division I**	Group B **Division II**	Group C **Division III**	Group D **Division IV**
2021	Without apparatus	Without apparatus	Without apparatus	Without apparatus	
2020	1 apparatus by choice	Without apparatus	Without apparatus	Without apparatus	
2019	2 apparatus by choice	Without apparatus + 1 apparatus by choice	1 apparatus by choice	Without apparatus	
2018	2 apparatus by choice	Without apparatus + 1 apparatus by choice	1 apparatus by choice	Without apparatus	
2017	2 apparatus by choice	Without apparatus + 1 apparatus by choice	1 apparatus by choice	Without apparatus	
2016	3 apparatus by choice	2 apparatus by choice	Without apparatus + 1 apparatus by choice	1 apparatus by choice	Without apparatus
2015	3 apparatus by choice	2 apparatus by choice	Without apparatus + 1 apparatus by choice	1 apparatus by choice	Without apparatus
2014	4 apparatus by choice	3 apparatus by choice	2 apparatus by choice	1 apparatus by choice	Without apparatus
2013	4 apparatus by choice	3 apparatus by choice	2 apparatus by choice	1 apparatus by choice	Without apparatus
2012	4 apparatus by choice	3 apparatus by choice	2 apparatus by choice	1 apparatus by choice	Without apparatus
2011	4 apparatus by choice	3 apparatus by choice	2 apparatus by choice	1 apparatus by choice	Without apparatus
2010	4 apparatus by choice	3 apparatus by choice	2 apparatus by choice	1 apparatus by choice	Without apparatus
2009 and older	4 apparatus by choice	3 apparatus by choice	2 apparatus by choice	1 apparatus by choice	Without apparatus

GROUP PROGRAM

Age category	Group A **Division I**	Group B **Division II**
2019-2018	Without apparatus	Without apparatus
2018-2017	Without apparatus	Without apparatus
2016-2015	Without apparatus + 1 apparatus by choice	Without apparatus
2014-2012	1 apparatus by choice+1 apparatus by choice	1 apparatus by choice
JUNIOR	1 apparatus by choice+1 apparatus by choice	1 apparatus by choice
SENIOR	1 apparatus by choice+1 apparatus by choice	1 apparatus by choice

Physical ability testing program

Test	2021	2020	2019	2018	2017	2016
"The Fold"	+	+	+	+	+	+
"Butterfly" with a forward tilt	+	+	+	+	+	+
"Frog" with a backward tilt	+	+	+	+	+	+
Twine on the right and left legs			+	+	+	+
Cross twine	+	+	+	+	+	+
Bridge from a prone position	+	+	+	+		
Standing Bridge					+	+
Bend back on your knees, arms up		+	+	+	+	+
"Basket"	+	+	+	+	+	+
The "Ringlet"	+	+	+	+	+	+
"The boat"	+	+	+	+	+	+
Chest stand				+	+	+
Balance pass, knee forward	+	+	+	+	+	+
Balance with one leg in the side			+	+	+	+
Wheel				+	+	+
Scissors jump, alternating straight legs, forward	+	+	+	+	+	
Chupa-Chups jump, up with a 360-degree turn, using both legs	+	+	+	+	+	+
Scissor jump, standing with legs together (forward, backward)			+	+	+	+

THE ORGANIZER IS THE ARMENIAN ARTISTIC GYMNASTICS FEDERATION, HEADED BY NATALIA ROTENBERG-ARZAKANTSYAN.

In March 2026, the Federation will celebrate four years of its activity. During this time, FRG_ARMENIA proved to be a professional and highly organized platform, which was visited by coaches of champions from the Russian Federation. Belarus and other countries. The Federation's athletes have competed in Armenia and at international competitions in Russia, Dubai, Georgia, Belarus, and Egypt. China, Serbia, where they won prizes. Thanks to our gymnasts, the flag Armenia has been raised many times.

We are proud of our gymnasts, coaches, and the entire federation team, which has a high level of responsibility and is always focused on results.



5. APPLICATIONS FOR PARTICIPATION AND REGISTRATION

Pre-applications must be submitted no later than ***March 10, 2026***
To the email address: ***frgarmenia@gmail.com***

The organizers reserve the right to close the application process early, due to the limited number of places at the tournament!
The number of participants is no more than ***1000 people.***

Final applications are submitted to the organizing committee on the day of arrival.

An application for participation in sports competitions must include:
- Signature of the head of the regional sports federation;
Head of the sports organization
- A doctor's visa for each participant on admission to the competition.

The following documents are attached to the application for each athlete:
- Birth certificate, over 14 years old – passport
- Medical certificate of admission to competitions
- Life and health insurance policy against accidents
- Consent to the processing of personal data

Each team must have a referee with the appropriate refereeing category.

The judges provide:
- A sports judge's certificate or a copy of the order on assignment/ confirmation of the qualification judge category.
- Consent to the processing of personal data

Judging is carried out according to the current FIG rules 2025-2028.
Registration is open until **10.03.2026.**
Payment for participation is due until **10.03.2026.**

6. FINANCING CONDITIONS

The competition is financed by raised funds.

The expenses for the travel (travel, meals, accommodation and insurance) of the participants of the competition are provided by the organizations that send them.
Payment must be made to the account of the Armenian Rhythmic Gymnastics Federation before **March 10, 2026**

After March 10, in connection with the withdrawal of participation, the fee is not refunded.

COMPETITION FEES:

Friendship international cup
- Individual program –150€
- Group program –250€
- Physical ability testing program – 100€

World Cup Clubs 1
- Individual program –150€
- Group program –250€

Athlete's participation in the Friendship international cup and World Cup Clubs 1 - 300€

Participation of the group exercise team in the Friendship international cup and the World Cup Clubs 1 - 500€

FINE FOR THE JUDGE'S ABSENCE – 300€

7. AWARDING

World Cup Clubs 1

Gymnasts are awarded according to the sports principle:
1 place – cup, medal, diploma and gift
2-3 place – medals, diplomas and gift.
4-6 place – diplomas and gifts

The remaining participants of this category are awarded with commemorative gifts for participation

Friendship international cup

Gymnasts are awarded according to the sports principle:
1 place – cup, medal, diploma and gift
2-3 place – medals, diplomas and gift.
4-6 place – diplomas and gifts

In category A PROF and A, there will be additional awards for each individual program based on the sports principle (W/A , Hoop, Ball, Clubs, Ribbon)

In categories B, C, and D, all participants will be awarded with medals, diplomas, and gifts.

ACCOMMODATION

We offer you some hotels with discount, please choose the best for you and let us know.

Who will book the hotel from us the entrance fee for individual cost €150, group €250. Who will stay in your own place the entrance fee will cost for individual €200, group €300.

Please contact us by WhatsApp or email and we will send you all info.

CONTACT INFORMATION

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VENUE

Address: Armenia, Yerevan city, Manandyan street, 41 (Shengavit adm. district), sports complex "Mika"









SIGHTS ARMENIA











