Concept of the Rhythmic Gymnastics Clubs League

Ms. Irina Viner-Usmanova, President of the Rhythmic Gymnastics Federation of Russia, initiated the establishment of the international gymnastics movement – Rhythmic Gymnastics Clubs League (RG Clubs League), bringing together rhythmic gymnastics sports clubs across the globe. The President of RG Clubs League is a ten-time world and European champion, Honored Master of Sports in rhythmic gymnastics – Mrs. Olga Kapranova.

The key idea of RG Clubs League is to establish a united international gymnastics community of sports clubs based on the organized and ordered system of rhythmic gymnastics clubs' development. Each club-member of the community will be provided with ample opportunities to participate in the international gymnastics life and in the exchange of the advanced experience and practices in the fields of athletes' education, organization of training and competitive processes.

The participants of RG Clubs League will get a chance to:

1. Become members of the international community of sports clubs of rhythmic gymnastics and to participate in international competitions in the form of club leagues.
2. Enter the global ranking of athletes-members of sports clubs of rhythmic gymnastics.
3. Win the place in the virtual Hall of Fame among the best world club athletes of rhythmic gymnastics and also to establish the same virtual Hall of Fame at national level.
4. Get acquainted with the history and foundations of rhythmic gymnastics under the leadership of the specialists of Lesgaft National State University of Physical Education, Sport and Health, St. Petersburg, Russia.

Wide range of international events are planned withing the RG Clubs League movement. Lesgaft National State University of Physical Education, Sport and Health as the birthplace of rhythmic gymnastics as a sport will be the locomotive of educational programs (seminars for coaches and leadership of sports clubs, programs for athletes).
The core sports event is the International clubs League Championship.

<u>International clubs League</u>
International clubs League is an annual competition (beginning in 2024) which is held in order to determine the world's strongest athletes among rhythmic gymnastics sports clubs.
International clubs League is held alternately in countries participating in the tournament.
The first International clubs League Championship scheduled for 2024.

Goals of the International clubs League:

1. To organize the interaction of clubs from different countries to discuss common problems and to jointly promote club rhythmic gymnastics.
2. To motivate club athletes to participate in national and international competitions.
3. To harmonize club championships and create a unified system of competitions and a global event calendar.
4. To create an international ranking of athletes-members of sports clubs of rhythmic gymnastics.

<u>National clubs League</u>
International clubs League is based on the National clubs Leagues.

National clubs League can include:

1. Open Club League.
2. Club Championship of the country.
3. Team Club League of the country.
4. Club Cup of the country.

The strongest gymnasts of the country determined by the results of the National clubs Leagues get the opportunity to participate in the International club League.

All athletes participating in competitions within the National and International clubs Leagues score points, which then form the global ranking of athletes.
The ranking is accessible on the official website of RG Clubs League https://rgclubsleague.com/, which will be available in the all languages of countries participating in the RG Clubs League program.
The selection of athletes for competitions and the assignment of points is carried out in accordance with the Clubs development Program.
All rhythmic gymnastics clubs-members of RG Clubs League will be presented on the official website of RG Clubs League https://rgclubsleague.com/.

A Club League representative will be appointed/selected in each country.

All RG Club League members will have access to their personal account vie official website. Personal account will provide Club League representatives with the list of national clubs, participating in the RG Club League program, coaches with the list of athletes, participating in the RG Club League program, athletes with the global ranking.
It is planned that personal account will provide members with an electronic refereeing program, as well as an electronic program for collecting applications for competitions.

Russian Federation experience
In 2023 withing the All-Russian clubs League more than 300 sports events will be held with participation of more than 4 000 athletes.
240 sports clubs of rhythmic gymnastics became participants of the All-Russian clubs League program.
In 2023 around 5 000 athletes began to form their ranking withing All-Russian clubs League program.

Practical steps for RG Clubs League official representatives for 2023:

1. To determine competitions that will have Club League status in the country. Competitions with Club League status can be held both by RG Club League representative in the country, and by other clubs in agreement with the Representative. It is possible both to hold independent Club League competitions, and to assign Club League status to other competitions.
   According to the results of competitions, the athletes should be awarded points in accordance with the Clubs development Program.
2. To create a Telegram group with all clubs' leadership/coaches in the country to implement common actions to develop club rhythmic gymnastics and hold competitions within the Club League.
   To invite the leadership of sports clubs to the international Telegram channel - Clubs League Ambassadors.
3. To send to the official email of RG Clubs League info@rgclubsleague.com a list of national clubs and athletes entering the RG Clubs League program for scoring points according to the results of competitions.