APPROVED

Representative of the Regional Sports Federation for Rhythmic Gymnastics in the constituent entity of the Russian Federation

_____ Yu. A. Alieva

“_____” _____ 2026

AGREED

Director of the Association of Sports Clubs for Rhythmic Gymnastics

_____ E. S. Kapranova

“_____” _____ 2026

16|05|2027

Rise to the Top

«Chkalov Arena»

Moscow

3 Sportivnoy Aviatsii Street

Participants will receive ICL ranking points

International Club League

REGULATIONS FOR THE TOURNAMENT OF THE INTERNATIONAL CLUB LEAGUE IN RHYTHMIC GYMNASTICS «RISE TO THE TOP»

May 16, 2027
Moscow

1. GOALS AND OBJECTIVES

- Promotion of rhythmic gymnastics;
- Development and promotion of the Rhythmic Gymnastics Club League;
- Awarding ASCRG ranking points;
- Improving the athletes' sports skills and gaining competitive experience;
- Establishing and strengthening friendly relations, as well as exchanging experience among coaches and judges.

2. DATES, VENUE AND TIME OF THE COMPETITION

The competition will be held on **May 16, 2027**. Time: **08:00-23:00**
Venue: «Chkalov Arena» Multifunctional Sports Complex, 3 Sportivnoy Aviatsii Street, Moscow.

3. SAFETY OF PARTICIPANTS AND SPECTATORS

Physical culture and sports events are held at sports facilities that comply with the requirements of the relevant regulatory legal acts in force in the Russian Federation, Moscow and the Moscow Region.

4. MANAGEMENT AND ORGANIZATION OF THE COMPETITION

The general management of the preparation and organization of the tournament is carried out by the "Put Mechty" event agency.
The direct organization of the competition is entrusted to the main judging panel.
Chief Judge - Marina Anatolyevna Tokareva, All-Russian Category Sports Judge, Belgorod.
Chief Secretary - Ekaterina Sergeevna Kizilova, All-Russian Category Sports Judge, Belgorod.
Competition Director - Anastasia Olegovna Alieva, Belgorod.

5. PARTICIPANTS AND COMPETITION PROGRAM

Gymnasts from Olympic Reserve Sports Schools, Children and Youth Sports Schools, sports clubs and physical culture and sports organizations from all regions of the Russian Federation are allowed to participate.
Team composition: unlimited number of participants, 1 coach, 1 judge.
For failure to provide a judge, teams of 6-14 participants pay a fine of 10,000 rubles, and teams of 15 or more participants pay a fine of 15,000 rubles.

INDIVIDUAL EXERCISES. RULES 2025-2028

Year of birth	Division 1	Division 2	Division 3	Division 4	Division 5 (GPT)
2022 and younger	Freehand	Freehand			GPT
2021	Freehand + apparatus	Apparatus	Freehand	Freehand	GPT
2020	Freehand + apparatus	Apparatus	Freehand	Freehand	GPT
2019	Freehand + apparatus	Apparatus	Freehand	Freehand	GPT
2018	Freehand + apparatus	Apparatus	Freehand	Freehand	GPT
2017	2 routines	Freehand + apparatus	Apparatus	Freehand	GPT
2016	2 routines	2 routines	Apparatus		GPT
2015	2 routines	2 routines	Apparatus		GPT
2014	2 routines	2 routines	Apparatus		GPT
2013	2 routines	2 routines	Apparatus		
2012	2 routines	2 routines	Apparatus		
2011	2 routines	2 routines	Apparatus		
2010 and older	2 routines	2 routines	Apparatus		

GYMNASTICS DUOS / TRIOS

Program	Division 1
Youth sports categories	Freehand
3rd category	Freehand
2nd category	Freehand
1st category	Freehand + apparatus
Candidate Master of	2 routines
Master of Sports	2 routines

GROUP EXERCISES · TEAM OF 5-6 PEOPLE · RULES 2025-2028

Program	Division 1
Youth sports categories	Freehand, 1 performance
3rd category	Freehand + apparatus
2nd category	2 routines
1st category	2 routines
Candidate Master of Sports	2 routines
Master of Sports	2 routines

6. RESULTS AND AWARD CEREMONY

The competition is held according to the current 2025-2028 rules.
Winners and prize-winners are determined by the highest total score in the all-around competition in each year of birth and division.
Gymnasts competing in youth sports categories are allowed to perform in any leotards or unitards, without deductions in the judges' scoring.

- All gymnasts awarded 1st-3rd place receive medals, diplomas and valuable prizes;
- Special nominations and sponsor prizes are established;
- Competition judges receive valuable gifts.

All tournament participants who are members of the ASCRG will receive ranking points based on the results of the competition.

7. FINANCIAL EXPENSES

Organizational expenses are covered through extra-budgetary funds.
Travel expenses, including transportation, accommodation, meals and insurance for participants, coaches and competition judges, are covered by the sending organizations.

Individual program registration fee - **5,500 rubles**.
General Physical Training registration fee - **4,000 rubles.**
Group exercises, duos/trios registration fee - **4,500 rubles** per gymnast.
Gymnasts registered in two divisions of the individual program - **8,000 rubles.**
Gymnasts registered in both individual and group all-around competitions pay two fees.
Payment must be made using the organizers' payment details by **May 13, 2027.**

By paying the registration fee, you confirm acceptance of the consent for participation, personal data processing, and photo and video recording.

8. MEDICAL SUPPORT

Athletes who have passed medical examination, have medical clearance and a valid accident, life and health insurance policy are allowed to participate.
The competition organizers are not responsible for injuries or damage to health sustained by participants during the competition.

9. APPLICATION PROCEDURE

Preliminary applications must be submitted no later than **May 12, 2027**.
The organizers reserve the right to shorten the program and close registration early due to the limited number of places.
Start lists will be sent out on **May 14, 2027.**

Final applications in the established form must be submitted to the organizing committee on the day of arrival.
The application must include a doctor's approval stamp, or medical certificates confirming each participant's admission.
Required document copies for each athlete:

- passport of a citizen of the Russian Federation; for athletes under 14 - birth certificate;
- accident, life and health insurance document.

10. CONTACTS:

For submitting preliminary applications:

- e-mail: **pokoraj_vershiny@mail.ru**
- Tournament coordinator: +7 (926) 140-88-68 – Kristina

11. ACCOMMODATION FOR PARTICIPANTS:

Accommodation expenses for participants, coaches and competition judges are covered by the sending organizations.
Recommended option: Discovery Apart-Hotel - https://dsc-hotel.ru
Address: Moscow, 71/22k3 Volokolamskoye Highway, within a 5-minute walk from Spartak and Tushinskaya metro stations.
24-hour contact phone: +7 (916) 547-44-77

GPT Standards for Athletes Born in 2020 and Younger	GPT Standards for Athletes Born in 2019-2014
1. Pike fold	1. Pike fold
2. L-sit / angle hold	2. Butterfly stretch with forward bend
3. Butterfly stretch with forward bend	3. Frog stretch
4. Ring position	4. Basket position
5. Basket position	5. Bridge from standing / from the floor
6. Bridge from standing / from the floor	6. Bridge from knees
7. Middle split	7. Cartwheel
8. Passé balance	8. Right / left / middle split
9. Passé turn	9. Arabesque balance
10. «Chupa Chups» jump	10. Side leg balance
	11. Passé turn
	12. Attitude turn
	13. Jump touching the foot with a two-foot take-off

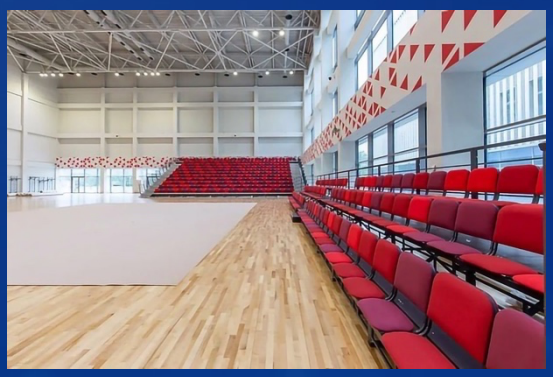
THESE REGULATIONS CONSTITUTE AN OFFICIAL INVITATION TO THE COMPETITION!

CHKALOV ARENA MULTIFUNCTIONAL SPORTS HALL

- Gymnastics center with an area of 9,900 m², ceiling height 16 m;
- Gymnastics carpet;
- 2 warm-up areas;
- Stands for 500 seats;
- Café / cafeteria;
- Parking for 147 cars.









The link to the live broadcast, as well as start lists and final protocols, will be posted in the Max group.
Information about all events organized by the «Put Mechty» event agency can be found in our Telegram channel, Max channel,
Telegram: **https://t.me/put_mechty,** or on the website: **https://путь-мечты.рф**

APPENDIX

APPLICATION FORM

From _____

for participation in the tournament of the International Club League in Rhythmic Gymnastics

«RISE TO THE TOP»

Venue: «Chkalov Arena» Multifunctional Sports Complex, 3 Sportivnoy Aviatsii Street, Moscow
Date of the competition: 16.05.2027г.

Phone:_____**; E-mail:** _____

Individual Exercises · Required fields: current category / category performed

No.	Gymnast's Last Name, First Name	Year of Birth	Current Category	Category Performed	Group / Category	Coach	Doctor's Clearance
1							

Group Exercises

No.	Gymnast's Last Name, First Name	Year of Birth	Current Category	Category Performed	Group / Category	Coach
	Team Name:					
1						

Coach · Required field

No.	Full Name	Mobile Phone	E-mail
1			

Judge · Required field

No.	Full Name	Judging Category, Order Date	Mobile Phone	E-mail
1				

Total number of participants admitted to the competition: _____ people.

Doctor: _____ / _____ Signature / full name

Head / Director: _____ / _____ Signature / full name