«СОГЛАСОВАНО»
ДИРЕКТОРОМ АССОЦИАЦИИ
СПОРТИВНЫХ КЛУБОВ ПО
ХУДОЖЕСТВЕННОЙ ГИМНАСТИКЕ

_____ Е. С. Капрановой

«26» февраля 2026

«УТВЕРЖДЕНО»
РУКОВОДИТЕЛЕМ
GYMNASTICS ACADEMY
SODRUGESTVO

_____ Е. В. Гавриловой

«26» февраля 2026

Gymnastics Academy Sodrugestvo

CLUB LEAGUE
INTERNATIONAL
RHYTHMIC GYMNASTICS

Russia
Nizhny Novgorod

30-31.05.2026

+7 905 555 26 04

info@sodrugestvo-akgym.ru

TOURNAMENT PROGRAM:
INDIVIDUAL PROGRAM
GROUP EXERCISES
DUET/TRIO
GRT

SPECIAL GROUPS: INTELLECTUAL DISABILITY



DEAR FRIENDS,

Gymnastics Academy Sodrugestvo is pleased to invite you to participate in the international club league

SODRUGESTVO CUP 2026

DISCIPLINE: Rhythmic Gymnastics

ORGANIZATION: Gymnastics Academy Sodrugestvo

DATE:
30.05.2026
31.05.2026

LOCATION:
Nizhny Novgorod, Zavolzhye,
Molodezhnaya 4 (Dina Arina Arena)

REGISTRATION TO THE TOURNAMENT:
info@sodrugestvo-akgym.ru

IMPORTANT!
Each team must provide a judge

TOURNAMENT COORDINATOR:
+7 905 555 26 04 Ekaterina



The tournament is held in individual and group championships in accordance with the current Russian Federation rules for rhythmic gymnastics in the simplified program. There is also a competition in general physical training.

SPECIAL GROUPS: INTELLECTUAL DISABILITY

INDIVIDUAL PROGRAM:

Year of birth	Division 1	Division 2	Division 3	Division 4 GRT
2021	WA			GRT
2020	1 app for choice	WA	WA	GRT
2019	1 app for choice	WA	WA	GRT
2018	WA + 2 app	WA +1 app	WA	GRT
2017	WA + 2 app	WA +1 app	1 app	GRT
2016	3 apps	2 apps	1 app	GRT
2015	3 apps	2 apps	1 app	GRT
2014	3 apps	2 apps	1 app	
2013	4 apps	3 apps	2 app	
2011-2012	4 apps	3 apps	2 app	
2010 and older	4 apps	3 apps	2 app	

GROUP PROGRAM:

2019	WA
2018	WA
2017	WA
2016	WA + 5 feeds
2015	5 pairs of clubs + 5 ribbon
2014-2013	5 pairs of clubs + 5 ribbon
2012-2011	5 balls + 5 ribbon
2010 and pleder	5 balls + 3 hoops / 2 pairs of clubs

DUET / TRIO:

Year of birth	Duet	Trio
2018-2017	WA	WA
2016	WA	WA
2015	WA	WA
2014-2013	WA + app for choice	WA + app for choice
2012-2011	Hoops + Ribbon	Hoops + Ribbon
2010 and pleder	Hoops + Ribbon	Balls+2 hoops and/1 pairs of clubs

REGISTRATION FEE:

The participation cost for
the tournament will be:
5 500 ₽ Individual program;
4 500 ₽ Duet / Trio;
4 500 ₽ Group program;
4 500 ₽ GRT program;

REGISTRATION FREE IS NOT REFUNDABLE!

REGISTRATION DEADLINES:
16.05.2026 Participation registration
23.05.2026 Sending music (in mp3 format)
25.05.2026 Payment deadline

Registration may be completed earlier the deadline if the number of gymnastics reaches 600



Musical accompaniment should be sent to the email:
music@sodrugestvo-akgym.ru

The format of each music name
should be: (Ivanova Irina WA 2010 group C)

Attention!
Music on discs and flash drives is not accepted!

PARTICIPANTS' INSURANCE:
Participants of the rhythmic gymnastics competition are admitted only with a contract (original) of accident insurance, life and health insurance, which is provided to the mandatory commission for each participant of the tournament

AWARDING:

FOR 1-3 PLACES
IN EACH CATEGORY
all gymnasts will be awarded exclusive medals, diplomas and valuable prizes

ALL PARTICIPANTS
all gymnasts will be awarded exclusive medals, valuable prizes and there will also be special prizes from tournament sponsors



TOURNAMENT PARTICIPANTS ARE AWARDED CLUBS LEAGUE RANKING POINTS

JOIN THE PROGRAM!