# International Clubs League - Friendship Cup 2026

## INVITATION

**Dear Friends in Rhythmic Gymnstics,**

**RG Baden and Swiss RG Academy have the pleasure to invite your Federation and Club to participate in our 7th International Rhythmic Gymnastics Competition – Friendship Cup 2026.**

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| **DISCIPLINE** | **RHYTHMIC GYMNASTICS** |
| **HOME CLUB** | Association of Rhythmic Gymnastics<br>RG Baden and Swiss Rhythmic Gymnastics Academy<br>Contact No.: +41 768 180 714<br>E-Mail: info@rg-baden.ch |
| **LOCAL ORGANIZING COMMITTEE** | Contact Person: Krystyna Kara<br>Contact No.: +41 768 180 714<br>E-Mail: info@rg-baden.ch<br>**International Clubs League Competition** |
| **DELEGATION** | min. 1-2 judges obligatory, no limit of gymnasts and coaches |
| **DATE** | **07.FEBRUARY – 08 FEBRUARY 2026** |
| **VENUE** | Sportausbildungszentrum Müllimatt<br>Gaswerkstrasse 2<br>5210 Windisch / Brugg<br>Switzerland |





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| **REGISTRATION DEADLINES** | PRELIMINARY REGISTRATION FOR INTERNATIONAL CLUBS: 01.10.2025<br><br>Final registration for all Clubs: 01 January 2026<br>If the number of participants exceeds the competition capacity for two days, registration may be closed earlier. |
| **AGE LIMITS** | Gymnasts born in 2021 or earlier |
| **TECHNICAL REGULATIONS** | Please check the attached document |
| **AWARDING** | Participants are awarded with/<br><br>• Medals for all participants<br>• Medals by each apparatus (Category A and B)<br>• Gymnasts placed 1-3 in the category A (All-Around) will be awarded with the tournament cup<br>• Special prizes for all participants<br>• Special awards: Miss Elegant, Smile, Expression, Tournament<br><br>The Competition is held within the frame-work of the International Clubs League. All participants receive International Clubs League rating points in accordance with the Ligue regulations. |
| **JUDGE** | Each delegation is required to provide a minimum of 1-2 judges.<br><br>All judges must hold a valid FIG brevet or a valid national judging license for the respective discipline at the time of the competition.<br><br>Judge registration must be submitted online via ksis.<br><br>If a delegation does not provide a judge, a fee of 150 Euro will be charged. |

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| **ENTRY FEES** | Definitive registration will considered valid only after the transfer of the entry fees to the bank account of the organizing club.<br><br>75 EURO participation fee - Category A and B (individual gymnasts)<br>65 EURO participation fee Category B light (individual gymnasts)<br>120 EURO participation fee - per group/DUO/TRIO<br><br>Payment details:<br>Bank: UBS Switzerland<br>IBAN: CH71 0023 2232 1498 0101 X<br>Account holder: Swiss Rhythmic Gymnastics Academy<br>5313 Klingnau, Switzerland<br><br>Payment deadline: 07.January 2026<br><br>In case of withdrawal from the competition, the entry fee is non-refundable, including withdrawals due medical reasons. |
| **RULES AND REGULATION** | All participant must follow the FIG Rules and Regulations for the period 2025-2028. |
| **REGISTRATION** | https://www.rgform.eu/event.php?id_prop=8046 |
| **MEDICAL SERVICES** | Medical team will be available throughout the period of the competition during the event. |
| **MEALS** | A cafeteria will be available in the competition hall, offering food, drinks and snacks. |
| **SOCIAL MEDIA** | Internation Friendship Cup Instagram official page<br>https://www.instagram.com/friendship_cup_switzerland?igsh=MW8zZmk5dHN5OHhrbw%3D%3D&utm_source=qr |
| **PRELIMINARY PROGRAMME** | Depending on participating countries and categories, the schedule will be prepared accordingly and send to all participating clubs no later than 26 Januar 2026. |

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| **PERSONAL DATA** | By registrering for the competition, participants and their legal representatives agree that photos and video recordings taken during the event may be used by the organizer for organizational, promotional and documentation purposes related to the competition. |
| **ACCOMMODATION** | We cannot provide accommodation or make reservations, but we can suggest the following hotel for you to make a reservation by yourself: Centurion Towerhotel (www.centurion-towerhotel.ch) |








SWISS RHYTHMIC GYMNASTICS ACADEMY

INTERNATIONAL CLUBS LEAGUE